

## ***Dates for your Diary 2009***

Access Day (SEN Sports Festival)  
Friday 27th February  
& Wednesday 1st July

Festival of Sport  
Saturday 30th & Sun 31st May

National Bike Week  
Saturday 13th to Sunday 21st June

Race for Life  
Saturday 11th & Sunday 12th July

Swindon Half Marathon  
Sunday 11th October



# **Leisure Services**

## **Coach Education Programme 2008 / 2009**



**Leisure Services offer a range of courses for new and existing coaches to deliver safe and effective sport and activity sessions in the Swindon area.**



Monday 8th December 2008 (12:00 - 14:30)  
Rock-It Ball - Cost £10

The course will teach the basics of Rock-It-Ball Extreme which has captured the imagination of ALL school pupils and students who have taken part. Other games associated with Rock-It-Ball will be covered including 'Target Rock-It' and many of the skill development exercises.

Thursday 11th December 2008 (18:00 - 21:00)  
Safeguarding & Child Protection - Cost £25

Protect the young people you are coaching, yourself and your employer by understanding and following good coaching practice. Learn about child abuse and how to handle situations if you have concerns.

Saturday 27<sup>th</sup> & Sunday 28<sup>th</sup> January 2009  
(Possibly June 2009)  
Multi-Skills - Cost £40

KS1 & KS2 Multi-skills give young people a sound grounding in Physical Literacy. They will encounter a range of activities which are non-sports specific to improve their basic movement and fundamental sport skills in a fun, challenging and enjoyable environment.

Thursday 5<sup>th</sup> February 2009 (18:00 - 21:00)  
Club for All Workshop - Cost £25

This course is designed for volunteers in a club, (i.e. a club member, member of the committee or the volunteer coordinator). It shares similar introductory material to the "Equity in your Coaching" workshop, therefore it is not necessary to attend both courses.

February Half Term 2009  
Schools Multi-Skills Delivery Training - Cost £10

Multi-skills give young people a sound grounding in Physical Literacy. They will encounter a range of activities which are non-sports specific to improve their basic movement and fundamental sport skills in a fun, challenging and enjoyable environment. This course will give you a 6 week delivery plan and show you how to deliver each session clearly.

[www.challengeswindon.org.uk](http://www.challengeswindon.org.uk)

February Half Term 2009  
FA Level 1 Coaching Course  
Cost £10 for 16 - 19 year Olds, £60 Over 19's

The new Level 1 Certificate in Coaching Football (L1CCF) is awarded in partnership with 1st4sport and is the first step towards becoming a recognised football coach. This vocationally related qualification provides an opportunity to study and be assessed in both practical and theoretical aspects of coaching football at this level. The certificate will enable you to coach grass roots club teams for children and young people under the supervision of a qualified football coach. Completion of this course will also give you certificates in Emergency First Aid and Safeguarding Children in Sport, both of which are essential in any club or sports coaching environment.

February Half Term 2009  
Tag Rugby - Cost £10

A 3 hour course designed for those teachers / coaches who want to introduce TAG Rugby. The course is mainly practical and candidates will cover the following areas: organising space & players, warm up & cool down, coaching methodology, basic coaching concepts via playground games, use of games, coaching the core skills and how to referee TAG rugby.

Thursday 5<sup>th</sup> March 2009 (18:00 - 20:00)  
How to Coach Disabled People in Sport - Cost £25

This workshop tackles all the frequently asked questions posed by sports teachers, coaches and participants about how to work with disabled sports people. It covers a whole spectrum of new ideas for inclusion. The workshop will introduce and offer guidance to any coach involved with disabled people in sport, the emphasis being to introduce coaches to the *Inclusion Spectrum* and effective practice.

Thursday 7<sup>th</sup> May 2009 (18:00 - 22:00)  
First Aid Course - Cost £25

For people who need a basic grounding in first aid, acting as their club's appointed person and when assisting a qualified first aider.

Other National Governing Bodies Courses are available in sports such as Rugby, Cricket, Basketball, Netball, Swimming, etc.

For further information or to book please contact:  
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